

- X: 3-7 chirpy tweets to keep the conversation buzzing!
- **Facebook**: 1–2 delightful nuggets daily
- It's <u>TikTok</u> time! Aim to unleash 1–4 fabulous videos a day for maximum fun!
- **Instagram**: 1 picture–perfect posts each day
- Factor of Strut your stuff and hit that <u>Instagram</u> story update like the superstar you are, every single day!
- For maximum buzz on <u>Threads</u>, aim to sprinkle your posts like confetti—3 to 5 times a day!
- On <u>Bluesky</u>, aim to sprinkle your magic 1–2 times a day to keep those good vibes soaring high!
- <u>MeWe</u> is rolling out the welcome mat just for you, but hold your horses! Aim to sprinkle in about 3 fabulous posts a week!
- Looks like the kiddos are vibing over at **Snapchat**! So, sprinkle some posts there once or twice a day to keep the chatter flowing!
- Let's not forget about TikTok's adorable little sister, <u>Lemon8</u>! She's
 just as attention-hungry as her big sibling, ready to steal the
 spotlight!





Unleash Your Sparkle: Discover the Best Times to Dazzle on Social Media!

			Social Media Schedule													
	7:00 AM	8:00 AM	9:00 AM	10:00 AM	11:00 AM	12:00 PM	1:00 PM	2:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	8:00 PM	9:00 PM	10:00 PM
	7:00 AW	8.00 AIVI	9.00 AIVI	Lemon8	11:00 AIVI	12:00 PW	1.00 PW	2.00 PW	Lemon8	4:00 PW	3.00 PW	0.00 PIVI	7:00 PIVI		non8	10:00 PW
Monday		Facebook							Face	ebook						
Tuesday			MeWe													
										Til	Tok					
				Threads												
						Instagram										
		Lemon8							Lemon8					Len	non8	
		Facebook							Face	ebook						
Wednesd		MeWe											Div	- de :		
		Bluesky TikTok							Til	Tok		Blu	esky			
		Threads								117	TOK					
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		x										X				
			Lemon8						Lemon8				Lemon8			
Thursday		MeWe														
		Bluesky											Blu	esky		
			Til	kTok						Til	Tok					
		Threads														
						Instagram										
				Lemon8					Lemon8					Len	non8	
		SnapChat														
Friday									Sna	pChat						
										Til	Tok					
		X Facebook							Y Facebook			X				
Saturday		Facebook					SnapChat					_				
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Sunday		Threads						Screen	nshot							
Junuay		inreads							_							

